

# *GLASGOW AFGHAN UNITED HAMILTONHILL ALLOTMENTS*







*Harvest time!*



*Shared food and shared friendships.*





*Gandana!*







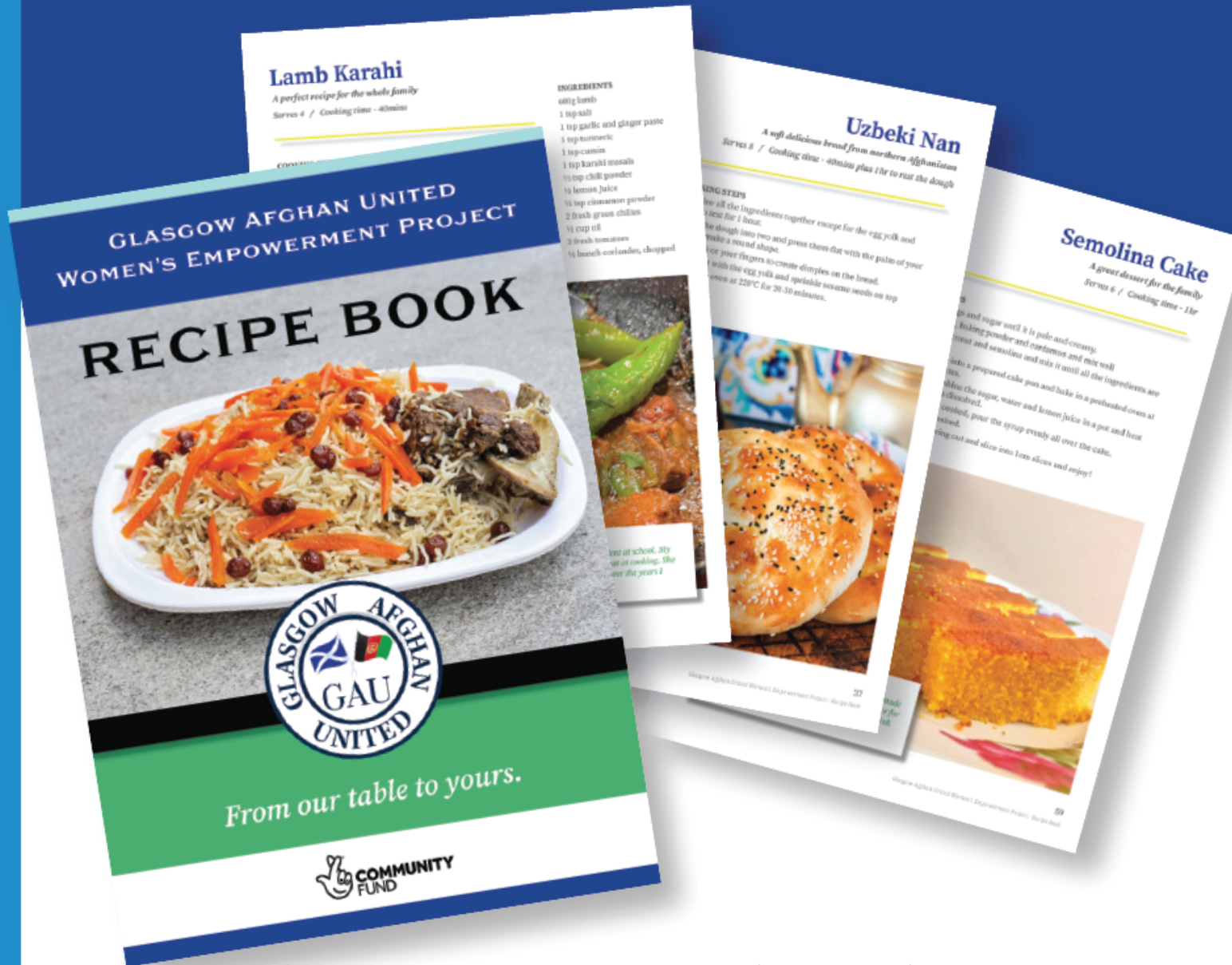




*Sharing harvests with community members.*



# RECIPE BOOK



CONTAINING OVER 60 RECIPES FOR ALL THE FAMILY ...  
SHARED BY MEMBERS OF OUR WOMEN'S EMPOWERMENT PROJECT



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Glasgow Afghan United is established to support the Afghan community in Scotland and support their full participation in all aspects of civil society.

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