

Diamond Ranking Food Waste Task

- Provide each group with a diamond ranking template and 9 tips for avoiding food waste at home.
- Ask groups to rank the tips on the diamond template in order of importance, with the most important tip at the top, two on the next row, then three, then two and the least important tip at the bottom.
- There are no right or wrong answers
- When all groups have ranked the tips, lead a discussion about the importance of reducing food waste and the most effective ways to do this in the home - were there any disagreements? Why?

Diamond ranking cut outs and template

Check - looking in our cupboards and shelves before going shopping

Portion - not taking what we can't finish

Compost - if you can, compost fruit and vegetable peelings

Store - putting food in the right places to keep it fresher for longer

Freeze - freezing things we want to save for another day

Use up - turning food into other tasty meals

Wrap - protecting food that little extra

Plan - knowing what meals we are having this week and how we'll use everything up

Labels - The 'best date is not food safety, tells us when at its best.

