



## Banana Mug Cake

Mug cakes are a great way to enjoy a single serve treat without having to use an oven. This particular recipe is a great way to use an overripe banana up.

Serves: 1

### Ingredients

- Tbsp butter / margarine
- 1 egg
- 1 tbsp. milk
- 1 ripe banana, mashed
- 3 tbsp plain flour
- 2 tbsp brown (or any) sugar
- ½ tsp baking powder

### Method

1. Heat the butter in a microwave safe mug in the microwave for 10 secs
2. Beat the egg & banana together
3. Add the dry ingredients & milk, beat together
4. Cook in the microwave for 1 minute 30 seconds. Cook further if not fully cooked.
5. Serve & enjoy!